

FOOD

SNACKS

CRISPY CHICKEN WINGS	14
choice of sauce: s&p, lemon pepper, dry cajun, dry greek, hot, hotiyaki, teriyaki, honey garlic, honey hot, honey mustard, pineapple curry or bbq, served with ranch dip	
POTATO SKINS	12
6 skins, tri blend cheese, bacon, green onion, served with sour cream	
FRIED BATTERED MUSHROOMS	10
basket of battered mushrooms served with ranch	
ONION RINGS	5
golden fried onion rings served with parmesan aioli	
CRISPY PICKLE SPEARS	9
breaded pickles served with chipotle aioli	
YAM FRIES	5
fresh cut, double cooked fries served with parmesan aioli	
POUTINE	11
double cooked fries, cheese curds, house made gravy <i>add chicken +4</i>	
HOUSE-CUT FRIES	5
big Met sauce	

ENTRÉES

MARINARA PENNE	16
penne served with savory marinara sauce, baked with a triple cheese blend, served with garlic toast <i>add chicken or prawns +4</i>	
STEAK & FRIES	21
7oz sirloin steak grilled to perfection, smothered with fried mushrooms and onions, served with fries	

— WEEKEND BRUNCH —

Saturday and Sunday, ends at 3pm

BASIC BREAKFAST	8
2 eggs, hashbrowns, your choice of bacon or sausage, toast	
WAFFLES	7
belgian waffles served with whipped cream and strawberry compote or maple syrup	

SANDWICHES

THE MET BURGER	6
smash patty, big Met sauce, onion, pickles, lettuce	
CHEESEBURGER	8
smash patty, big Met sauce, american cheese, onion, pickles, lettuce	
DOUBLE-DOUBLE	12
2 smash patties, big Met sauce, american cheese, onion, pickles, lettuce	
CHICKEN PARMESAN BURGER	14
parmesan breaded chicken breast, chipotle mayo, marinara sauce, tri blend cheese baked on a soft potato bun	
VEGGIE BURGER	11
spicy black bean patty, big Met sauce, tomato, cucumber, lettuce	
CRISPY COD BURGER	9
7oz of oceanwise cod battered and fried till golden, stacked with house made coleslaw and tartar sauce	

SOUPS & SALADS

MET HOUSE SALAD	11
mixed greens, tomato, cucumber, carrots, green onions served with our house made dressing <i>add chicken or prawns +4</i>	
CLASSIC CAESAR SALAD	13
romaine, croutons, parmesan served with caesar dressing	
DAILY SOUP	10
served with fresh baked dinner roll	
SOUP AND SANDWICH	13
ask your server for the Sandwich of the Day, available Monday to Friday	